

“Sabbath: Hungry for Rest”

Series: “Conversations with Jesus” (Week 2 of 3)

Sermon

Mark 2:23-28

June 3, 2018

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1) How much is too much — criticism, legalism, judgement?

The Pharisees said: “Why does this man speak like that? He is blaspheming!
Who can forgive sins but God alone?” *Mark 2:6*

“Why does he eat with tax collectors and sinners?” *Mark 2:16*

“Why do John's disciples and the Pharisees fast, but your disciples do not fast?”
Mark 2:18

“Why are [your disciples] doing what is not lawful on the Sabbath?” *Mark 2:24*

2) How much is enough? Today we are often just as much slaves to
“relaxation” as we are slaves to work.

Then I considered all that my hands had done and the toil I had expended in
doing it, and behold, all was vanity and a striving after wind, and there was
nothing to be gained under the sun... *Ecclesiastes 2:11*

3) Sabbath Rest : Filled with the Peace of Christ.

And Jesus said to them, “The Sabbath was made for man, not man for the
Sabbath. So the Son of Man is lord even of the Sabbath” *Mark 2:2–28*

Jesus said, “Come to me, all who labor and are heavy laden, and I will give you
rest” *Matthew 11:28*